

Parent Book Resource List
Courtesy of Kirkland Middle School Counseling Center

Parenting your Teen with Love and Logic

Foster Cline and Jim Fay www.loveandlogic.com

Brain Rules

John Medina, PhD

Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and Your Teen

David Walsh, PhD

Hurt 2.0 Inside the World of Today's Teenagers

Chap Clark

How to Really Love Your Teen

Ross Campbell

Raising Self-Reliant Children in a Self-Indulgent World

H. Stephen Glenn and Jane Nelson, Ed.D

A Tribe Apart: A Journey into the Heart of American Adolescence

Patricia Hersch

**The Price of Privilege: How Parental Pressure and Material Advantage
Are Creating a Generation of Disconnected and Unhappy Kids**

Madeline Levine, PhD

The Pressured Child: Helping Your Child Find Success in School and Life

Michael Thompson, PhD

Positive Discipline for Teenagers

Jane Nelsen and Lynn Lott

How Can You Say That? Turning Hurtful Words into Conversations that Heal

Amy Lynch with Dr. Linda Ashford

The Wonder of Boys: What Parents, Mentors and Educators Can Do to Shaper

Michael Gurian

Real Boys: Rescuing our Sons from the Myths of Boyhood

William Pollack

Girls will be Girls: Raising Confident and Courageous Daughters

JoAnn Deak, PhD

Dads of Daughters: How to Inspire, Understand, and Support Your Daughter When She's Growing Up So Fast

Joe Kelly

Reviving Ophelia: Saving the Selves of Adolescent Girls

Mary Pipher, PhD

Raising an Emotionally Intelligent Child: The Heart of Parenting

John Gottman, PhD

Seven Principles for Making Marriage Work

John Gottman, PhD

Smart but Scattered Teens

Richard Guare, Peg Dawson and Colin Guare